

Karith Foster Official Full Bio

Karith Foster is a Diversity Engagement Specialist and creator of the groundbreaking INVERSITY™ methodology and other signature programs. She is creating a seismic shift in diversity and culture change in academic institutions, organizations and corporations across America. These new conversations are revolutionizing the way we address issues of diversity and leadership.

Karith brings the perfect blend of humor, knowledge and experience while conveying the ever-present need to address diversity, inclusion and effective communication. Karith leaves her audiences feeling engaged, connected, inspired and encouraged to commit to the journey of mutual respect, acceptance and a greater sense of belonging.

As a speaker, humorist, TV & radio personality, author, entrepreneur, wife, and mother, Karith is a positive force of change with her sense of duty, service—along with her riotous sense of humor. “If you can laugh at it you can get through it,” is her motto and the invaluable lesson she seeks to instill in others.

In addition to being CEO of INVERSITY™ Solutions, Karith is also the Founder of F.R.A.M.E the Foster Russell Alliance for Meaningful Expression a 501(c)3 non-profit, whose mission is to inspire free speech, inclusion, social change and empowerment through education and mentorship on college and university campuses.

Karith was featured in two hit documentary films “Can We Take a Joke?” and “No Safe Spaces” which have garnered accolades in The Washington Post and TIME Magazine, as has her TEDx Talk “The Art of Defying Stereotypes: Learning to be True to Your Voice.” Karith has also made appearances on Imus in the Morning, Fox & Friends, MSNBC, Howard Stern, Comedy Central, VH-1 and Oprah.

Karith is an alumna of Stephens College and Oxford University. She is also a visiting expert for the Knight-Hennessy Scholars program at Stanford University and a 7-time repeat guest lecturer for Stanford University’s Graduate School of Business course, “Reputation Management.”

The words “no” and “impossible” are not in her vocabulary as evidenced by her career path, life challenges, chosen adventures and desire to help others.

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